

A Self-Examination Test

These are the 22 questions the members of John Wesley's Holy Club asked themselves each day in their private devotions over 200 years ago:

Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?

Am I honest in all my acts and words, or do I exaggerate?

Do I confidentially pass on to another what was told to me in confidence?

Can I be trusted?

Am I a slave to dress, friends, work or habits?

Am I self-conscious, self-pitying, or self-justifying?

Did the Bible live in me today?

Do I give it time to speak to me every day?

Am I enjoying prayer?

When did I last speak to someone else of my faith?

Do I pray about the money I spend?

Do I get to bed on time and get up on time?

Do I disobey God in anything?

Do I insist upon doing something about which my conscience is uneasy?

Am I defeated in any part of my life?

Am I jealous, impure, critical, irritable, touchy or distrustful?

How do I spend my spare time?

Am I proud?

Do I thank God that I am not as other people, especially as the Pharisee who despised the publican?

Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?

Do I grumble or complain constantly?

Is Christ real to me?